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## Newsletter 05 05/10/2018

Dear Parents,

This week we held our first open morning for prospective parents for our Reception class intake for September 2019. As always, it provided a great opportunity to showcase what Southfield Park is all about, with the parents having the chance to tour the school and see it in action on a normal morning. We had a great turnout of prospective parents, all of whom were extremely complimentary about the school and of course the children. They were especially impressed with the wonderful Year 6 tour guides (our Head Boy, Head Girl and the House Captains.) The parents commented so positively on both their confidence and the pride they have in the school. We are very lucky to have such brilliant ambassadors for us.

On Tuesday and Wednesday next week the first of our series of Power Thoughts workshops linked to the wellbeing target on our School Development Plan will be held for the children across the school. These are being facilitated by Natalie Costa, who has wide experience of working with children to develop their emotional resilience and wellbeing in a fun and engaging way. The focus of the first session will be 'Big Emotions' and later on in the newsletter are some more details on what will be covered in the sessions. Natalie has asked that each child in Years 4, 5 and 6 bring in an empty 500ml water bottle as there will be an activity linked to these objects. If your child is in any of these year groups please send the bottle in on Tuesday (obviously if you have any extras please send these in too as it is always handy to have spares for those who forget!)



There are more workshops for the children planned for the Spring and Summer terms and these were all detailed in the dates list for 2018/19 that was sent out at the beginning of the year. There will also be a workshop for parents on Tuesday 29<sup>th</sup> January starting at 5.30pm and lasting approximately one hour. This is a session for adults only, and unfortunately we will not be able to accommodate children. Please put this date in your diary but we will send reminders nearer to the time.



As you know, our school (along with all other Surrey schools) is designated as a dog free zone. Thank you to parents for complying with this. However, recently we have noticed, and been advised by parents, that the area around the school has been fouled by some of the dogs that have been left tied to the fence. Please can we therefore ask that owners check the area when they collect their dog and be mindful of clearing away 'dog mess' if their dog fouls the area. This does represent a health concern and only takes a minute to remove. We would really appreciate your support with this. Unfortunately, if it continues to be a problem we may not allow parents to tie their dog to the fence (which is part of school property) as we must ensure the health and safety of all the children.

A final reminder for next week for Thursday, when the Year 4 children will be presenting an assembly to their parents about their Sayers Croft trip at 9am. They have been practising hard, so please remember the date!

Kind regards,  
Kate Gee.

### Tweet of the Week

Follow us on  
[@Southfield\\_Park](https://twitter.com/Southfield_Park)

Scooters and Sunshine..



## Attendance this week



Sparky says “well done!” to **Goldsworthy Class**, who had the best attendance this week with **100%**, and to **Britten, Elgar, Goldsworthy, Faraday, Nightingale, Redgrave, Holmes, Newton, Shakespeare and Churchill Classes**, who also had high attendance this week!

Attendance Monday 1st - Friday 5th October 2018



## Flu Immunisation Forms for Children in Years R to 5

The last date for returning these forms is **Monday 8th October, 9am**, and it must be returned confirming that the flu spray either CAN or CANNOT be given to your child. If we don't have the form then the spray will not be given to your child.

The forms will be collected from the school by the nurses at 11am that same day, and sufficient amounts of the vaccine ordered. If your form is brought in after the cut off date the nurses can't guarantee that they will be able to give the spray as they may not have extra amounts.

**We have to do some admin work with the forms before they leave us, so they have to be at the office by 9am on Monday 8th if you want your child to have the immunisation.**





## Friends of Southfield Park Primary School

(Registered Charity No. 1110233)

Follow us on Facebook: [Friends of Southfield Park Primary](#)

Follow us on Twitter: [@FoSPPEpsom](#)

Email us: [friends@southfield-park.surrey.sch.uk](mailto:friends@southfield-park.surrey.sch.uk)

or drop a note in the Friends' Postbox by the school office.

## News

### Online Payment System - PTA-Events

Our online payment system for Friends' events is now up and running. We know that many of you have already made use of it and we've had great feedback on how easy it was - and much more convenient (and environmentally friendly) than filling in paper forms and finding the right money!

Tickets for the Quiz Night and for both the Infant and Junior Hallowe'en Discos are now available on the site, with all selling fast. To access our dedicated page, go to:

<https://www.pta-events.co.uk/friendsofsouthfieldpark>

### Quiz and Nibbles Night

We are having our annual AGM followed by our Quiz and Nibbles Night on Friday, 12th October. A great opportunity to have a post Summer catch up and get that grey matter churning. The Quiz will be hosted by Mark Hinton-Jones, James Crouch and Spencer McCarthy. You can bring your own nibbles and drinks along. Tickets cost £5.50 each and can be booked on our PTA-Events page.

### Hallowe'en Discos

The ever popular Hallowe'en Discos will be on Friday, 19th October. As usual, the Infant one is only for Y1 & Y2, as we have previously found the noise and spooky goings-on a little scary for many Reception children. Tickets are £4 each and you can book on PTA-Events.

### Our Next Big Projects

As well as revamping the school pond area, following our meeting with a sound engineer about getting new microphones in the hall, it has become apparent that the school would actually benefit from an updated entertainment system that will allow for new speakers and microphones. The system hasn't been fully updated since the school opened 15 years ago. This will benefit every child in the school from Reception through to Year 6 and us grown ups at assembly's and shows. We need to raise a whopping £6000 for this and I reckon with your help we will be able to achieve it.

### Christmas Cards

Your little ones should have been coming home with their Christmas card designs this week. They need to be ordered and paid for with cash or cheque as these are not yet on line. Cheques to be paid payable to Friends of Southfield Park. Designs need to be returned to school by next Friday, 12th October, at the very latest, but preferably by Wednesday would be fab as we have a team of helpers ready to collate orders.

### Second Hand Uniform

Look out for us selling second hand uniform in the school playground next Wednesday, 10th October, to coincide with open classrooms. We have loads of gear at a bargain price of 50p an item.

## Reminders for Next Week

Monday 8th	Flu immunisation forms must come back today confirming that your child CAN or CANNOT have the flu spray. The spray has to be ordered. If forms are returned after today the nurses can't guarantee they All children in Year 4, 5 & 6 only to bring in an empty, clean, 500ml plastic bottle
Tuesday 9th	Power Thoughts Workshops for Reception & Years 1, 2 & 3 — 'Managing
Wednesday 10th	Power Thoughts Workshops for Years 4, 5 & 6 — 'Managing my big emotions' - all children need an empty, clean, 500ml plastic bottle
Thursday 11th	Y4 Sayers Croft Assembly to parents, 9am
Friday 12th	Black History Day

## Needed in the Classrooms.....

We're getting ready for the Phase 3 Harvest Fair—please can you bring in glass jars which are washed clean and label free, lids not needed

Thank you!

## Bright Sparks

Well done to our Bright Sparks this week:

Goldsworthy	Alice Amos	Lowry	Imogen Montague
Faraday	Zachary Brown	Nightingale	Rory Mackay
Redgrave	Alice Barratt	Holmes	Daisy Willoughby
Darwin	Carrie Barnes	Newton	Rami Katmawi-Sabbagh
Victoria	Layla Geisler	Shakespeare	
Churchill	Alex Hughes	Attenborough	Jasmine Kendrew

Phone: 01372 743104

Fax: 01372 729436

Absence Line: 01372 847965

After school clubs staff: 07824988216

E-mail: [info@southfield-park.surrey.sch.uk](mailto:info@southfield-park.surrey.sch.uk)

Polly Sawyer After school club: 07921 147335



## **Power Thoughts Workshop 1**

### **Overview Notes: Managing My Big Emotions**

#### **Reception, Year 1, 2 and 3**

- **Exploring Big Emotions:** Anger, frustration, worry, stress, overwhelm and recognising where we feel these feelings in our body (racing heart, butterflies in our tummy, dry throat etc.)
- **Triggers:** We identified what makes us feel these big feelings and how we typically respond (cry, lash out, panic, etc.)
- **Our Brain:** Understanding what happens in our brain when we feel these big feelings and when we react.
- **'Thinking Brain' (prefrontal cortex)** It helps us with our learning and making smart choices (doing the right thing even though you are upset.)
- **'Feeling Brain' (amygdala)** where our big feelings come from (excited, mad, frustrated, worry etc.)
- When we get really upset we can **'Flip our Lid'**. When this happens our 'thinking brain' is not in charge and it can't help our feeling brain stay calm. (See attached sheet)
- We use **Power Breathing** to keep ourselves calm and to respond in a more resourceful way.
- **Power Breathing** (to breathe in for 3 counts and out for 5)
- To breathe in through their nose, into their tummy, and breathe out through their mouth.
- When we use **Power Breathing** we are able to keep our 'feeling brain' calm and we can use "I messages" - I need a hug, I need time-out, I need some help, I feel upset, etc. It helps our 'thinking brain' and 'feeling brain' work together.
- A small soft toy is helpful when using Power Breathing. To place it on my tummy when lying down, to watch/feel the soft toy move up and down as we use Power Breathing.

## Power Thoughts Workshop 1

### Overview Notes: Managing My Big Emotions

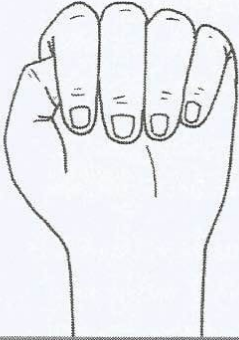
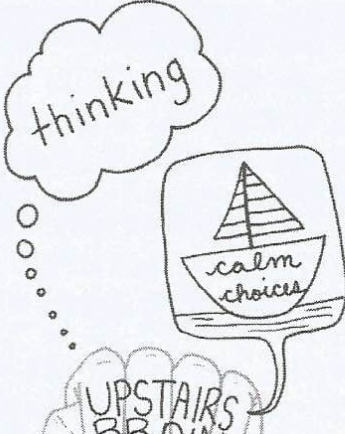

#### Year 4, 5, 6

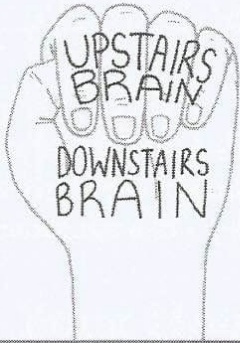
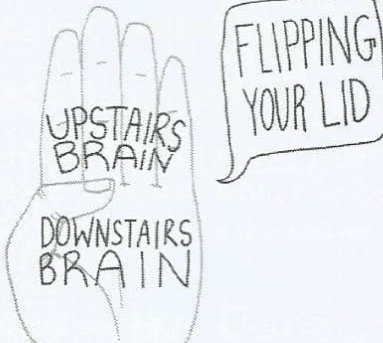
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- When we get really upset we can **'Flip our Lid'**. When this happens our 'thinking brain' is not in charge and it can't help our 'feeling brain' stay calm (See attached sheet)
- We use **Power Breathing** to keep ourselves calm and to respond in a more resourceful way.
- **Power Breathing** (to breathe in for 3 counts and out for 5), 3 to 5 times.
- To breathe in through their nose, into their tummy, and breathe out through their mouth.
- When we use **Power Breathing** we are able to keep our 'feeling brain' calm and we can use 'I messages' - I need a hug, I need time-out, I need some help, I feel upset, etc. It helps our 'thinking brain' and 'feeling brain' work together.
- **Glitter Bottle:** This represents our mind when we are feeling stressed, angry, upset and we can't think clearly.
- We added glitter for our **feelings, thoughts** and **behaviour**
- A great tool to use when we are feeling big feelings - shake it and watch the glitter settle whilst doing our Power Breathing. This helps us to stay calm and places us in a space of control.



**WHOLE BRAIN KIDS:** Teach Your Kids about their Downstairs and Upstairs brain.

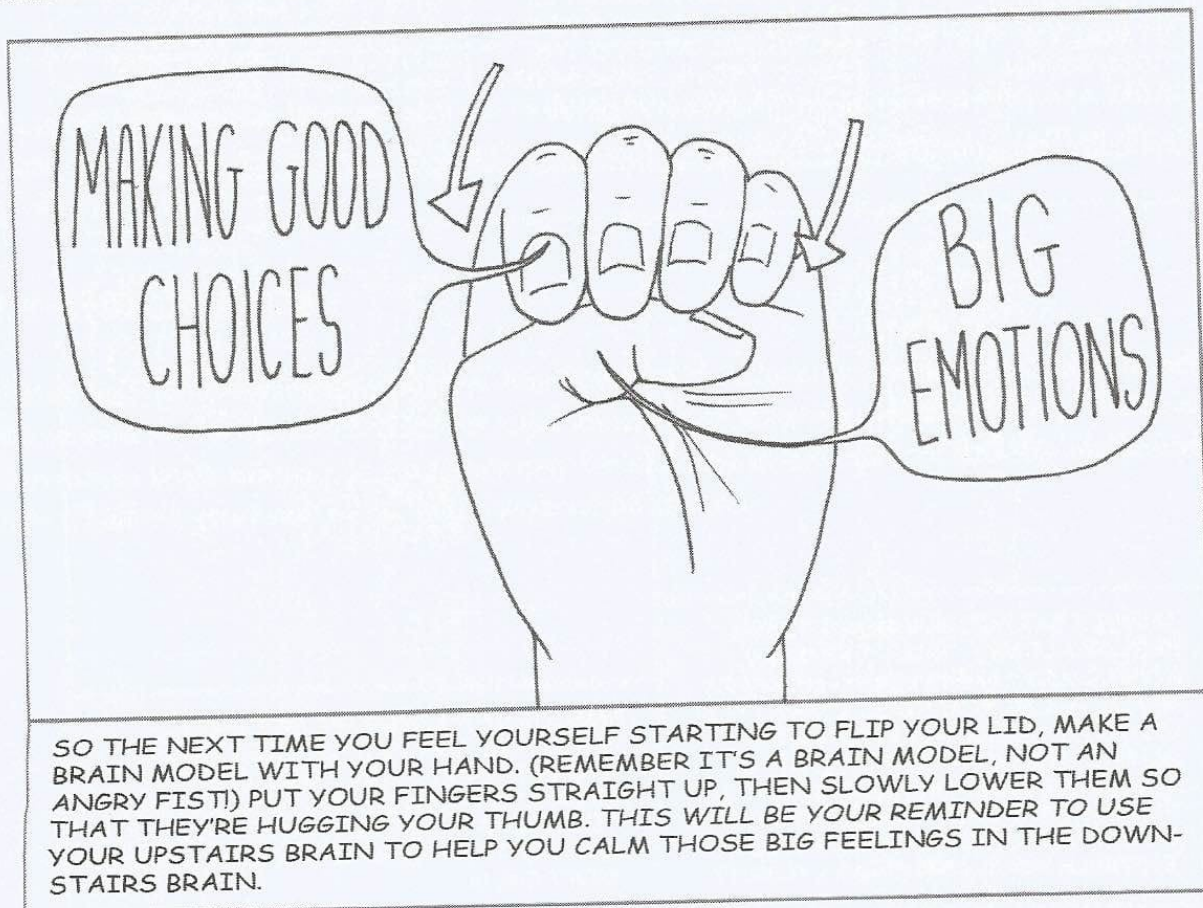
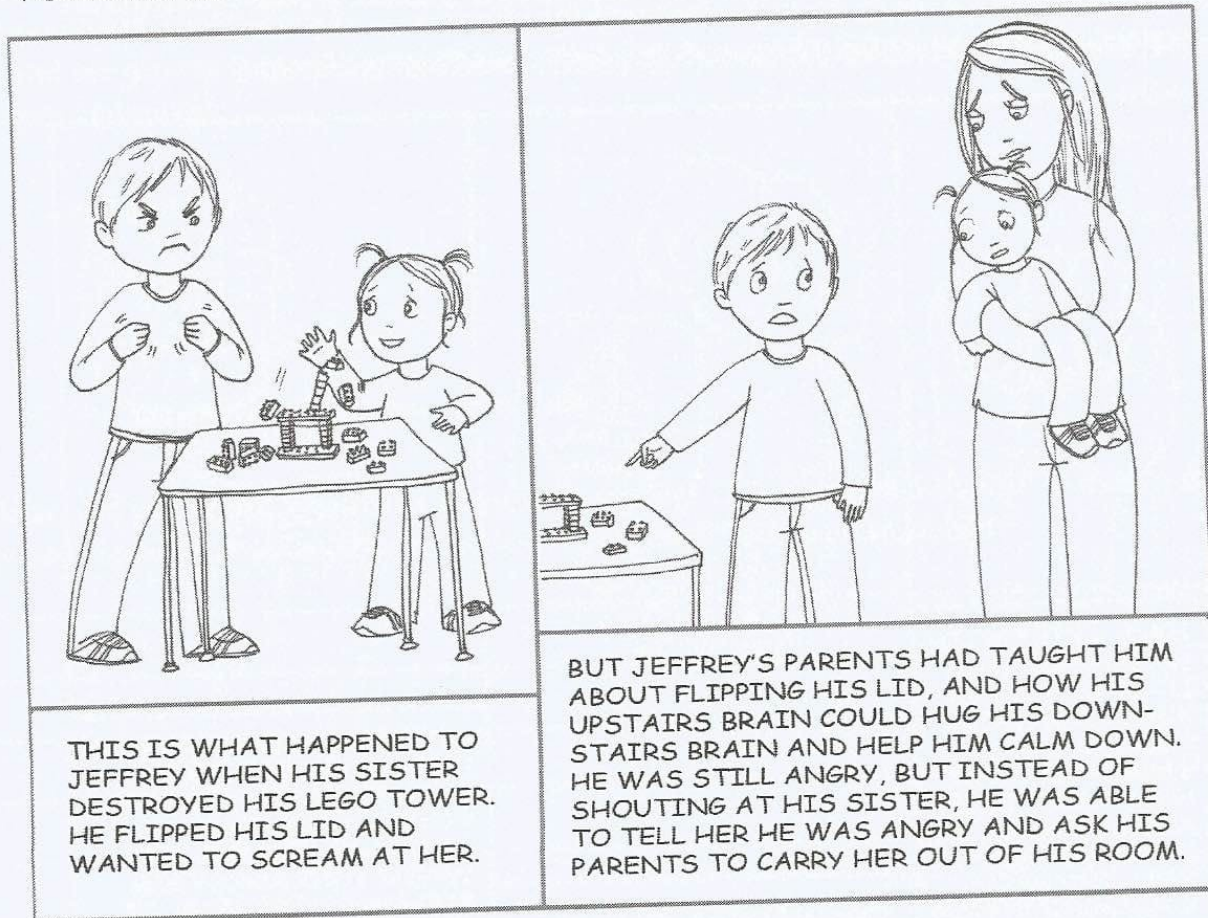
## YOUR DOWNSTAIRS BRAIN AND YOUR UPSTAIRS BRAIN

		
<p>MAKE A FIST WITH YOUR HAND. THIS IS WHAT WE CALL A HAND MODEL OF YOUR BRAIN. REMEMBER HOW YOU HAVE A LEFT SIDE AND A RIGHT SIDE OF YOUR BRAIN? WELL YOU ALSO HAVE AN UPSTAIRS AND A DOWNSTAIRS PART OF YOUR BRAIN.</p>	<p>THE UPSTAIRS BRAIN IS WHERE YOU MAKE GOOD DECISIONS AND DO THE RIGHT THING, EVEN WHEN YOU ARE FEELING REALLY UPSET.</p>	<p>NOW LIFT YOUR FINGERS A LITTLE BIT. SEE WHERE YOUR THUMB IS? THAT'S PART OF YOUR DOWNSTAIRS BRAIN, AND IT'S WHERE YOUR REALLY BIG FEELINGS COME FROM. IT LETS YOU CARE ABOUT OTHER PEOPLE AND FEEL LOVE. IT ALSO LETS YOU FEEL UPSET, LIKE WHEN YOU'RE MAD OR FRUSTRATED.</p>

	
<p>THERE'S NOTHING WRONG WITH FEELING UPSET. THAT'S NORMAL, ESPECIALLY WHEN YOUR UPSTAIRS BRAIN HELPS YOU CALM DOWN. FOR EXAMPLE, CLOSE YOUR FINGERS AGAIN. SEE HOW THE UPSTAIRS, THINKING PART OF YOUR BRAIN IS TOUCHING YOUR THUMB, SO IT CAN HELP YOUR DOWNSTAIRS BRAIN EXPRESS YOUR FEELINGS CALMLY?</p>	<p>SOMETIMES WHEN WE GET REALLY UPSET, WE CAN FLIP OUR LID. RAISE YOUR FINGERS, LIKE THIS. SEE HOW YOUR UPSTAIRS BRAIN IS NO LONGER TOUCHING YOUR DOWNSTAIRS BRAIN? THAT MEANS IT CAN'T HELP IT STAY CALM.</p>



FOR EXAMPLE:







## Year 1 & 2 Hallowe'en Disco

The Friends of Southfield Park would like to invite you to join them at their Hallowe'en Disco!

**Friday 19<sup>th</sup> October 2018**  
Southfield Park School Hall  
5.00 pm - 6.30 pm  
£4.00 per child  
(Fancy Dress Optional)

### Note to Parents:

The Hall will be quite dark and the music is loud - please consider this when booking a ticket for your child.

Cost will include a drink and a Hallowe'en goodie bag. (We also suggest children bring their drink bottles, as the queues for the water fountain get quite long.)

No tickets will be issued for the event, instead the names will be put on a list and you will be required to sign them in and out. **No child will be allowed to leave without an adult.**

If your child would like to attend, please return the slip below with the exact money in an envelope marked "Year 1 & 2 Hallowe'en Disco" and put in the black post box in reception.

If your child has any medical conditions or dietary requirements that we should be aware of please include on the slip below and ensure that you send any medication (i.e. inhalers) in a named bag with your child on the evening.

Childs Name: ..... Class: .....

Contact Phone No: .....

Please state any medical conditions or dietary requirements (these will remain confidential):  
.....

**We need chaperones in order to run this event, if you hold a current DBS check with Southfield Park School and are able to help, please write your details below. Many thanks.**

Name: ..... Email: .....

Sorry we are unable to accommodate Reception or pre-school children to stay with siblings.



## Junior Hallowe'en Disco

The Friends of Southfield Park would like to invite you to join them at their Hallowe'en Disco!

**Friday 19<sup>th</sup> October 2018**  
Southfield Park School Hall  
6.45 pm - 8.15 pm  
£4.00 per child  
(Fancy Dress Optional)

### Note to Parents:

Cost will include a drink and a Hallowe'en goodie bag. (We also suggest children bring their drink bottles, as the queues for the water fountain get quite long.)

No tickets will be issued for the event, instead the names will be put on a list and you will be required to sign them in and out. **No child will be allowed to leave without an adult.**

If your child would like to attend, please return the slip below with the exact money in an envelope marked "Junior Hallowe'en Disco" and put in the black post box in reception.

If your child has any medical conditions or dietary requirements that we should be aware of please include on the slip below and ensure that you send any medication (i.e. inhalers) in a named bag with your child on the evening.

Childs Name: ..... Class: .....

Contact Phone No: .....

Please state any medical conditions or dietary requirements (these will remain confidential):  
.....

**We need chaperones in order to run this event, if you hold a current DBS check with Southfield Park School and are able to help, please write your details below. Many thanks.**

Name: ..... Email: .....

Sorry we are unable to accommodate Years 1&2 or pre-school children to stay with siblings.



## Junior Hallowe'en Disco

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**Friday 19<sup>th</sup> October 2018**  
Southfield Park School Hall  
6.45 pm - 8.15 pm  
£4.00 per child  
(Fancy Dress Optional)

### Note to Parents:

Cost will include a drink and a Hallowe'en goodie bag. (We also suggest children bring their drink bottles, as the queues for the water fountain get quite long.)

No tickets will be issued for the event, instead the names will be put on a list and you will be required to sign them in and out. **No child will be allowed to leave without an adult.**

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.....

**We need chaperones in order to run this event, if you hold a current DBS check with Southfield Park School and are able to help, please write your details below. Many thanks.**

Name: ..... Email: .....

Sorry we are unable to accommodate Years 1&2 or pre-school children to stay with siblings.

## Don't have a printer?

Just write out the information on a piece of paper and put it with the money in an envelope, and pop it into the black Friends box by the Office.



1<sup>st</sup> October 2018

Dear Parents

Youngsters nowadays spend an awful lot of time indoors playing computer games and generally staring at screens. Few of them spend anywhere near as much time as I did when I was their age running around in the countryside and discovering fields and woodlands for themselves - and yet, when they are given the opportunity to do so, they love it. Orienteering gives them that opportunity. The thrill of discovery, the skill of navigation, the smell of pine forests and the exhilaration of exercise in the great outdoors all make the sport of orienteering tremendously exciting and fun. If they enjoy treasure hunts - and who doesn't? - they will probably enjoy orienteering. Orienteering events organised by local clubs are held almost every weekend in the south east. They are open to everyone regardless of age or experience, and are regularly attended by whole families all running courses tailored to their respective ages and abilities.

Mole Valley Orienteering Club (MVOC) is keen to introduce more families to orienteering. We are a small club but provide a full range of local and regional events as well as support and training when needed. As well as being a sport for all the whole family, orienteering comprises a range of disciplines in which competitors use maps to complete navigational challenges in unfamiliar areas. It involves both physical and mental challenges and rewards competitors with a unique adventure on an ever-changing playing field. Orienteering can be undertaken competitively, socially, or simply for personal challenge. And because it combines running and navigation, winners are not necessarily always the fastest runners.

One of the main reasons MVOC is seeking to promote orienteering to young people at school is that it is one of the sports recently dropped from the National PE Curriculum. This is partly because of the difficulty of finding sufficiently qualified and experienced teachers and partly because of the logistical problems of getting pupils to and from competitive events within the limited school time frame. We are urging parents to take over the role that schools have been forced to relinquish and to join their children in trying a sport that really can be enjoyed by the whole family. The welcoming atmosphere of orienteering events allows parents and children to feel relaxed in a safe and child-friendly environment,

where everyone can participate without pressure at their own level. To find out more details about the sport, please read the attached leaflet 'What exactly is orienteering?'.

MVOC is very proud of its record as one of the country's longest running and most successful clubs and we are now looking to expand our current activities by offering three initiatives:

1. In the short-term, British Orienteering is sponsoring a **Youth Activity Day** at High Ashurst outdoor activity centre near Dorking on **Wed Oct 24<sup>th</sup>**. The event is aimed at 10 to 14 year olds with both physical and social objectives, mixing low key orienteering exercises with other outdoor activities including a climbing wall, treasure hunt, high ropes and archery. Children who are not yet members of an orienteering club are welcome, but are expected to join one if they decide to sign up for the activity day (Junior club membership of MVOC up to the age of 20 costs just £4.30 a year; for adults the fee is £16. Other clubs may charge more.). Details of the day and how to take part are given in the attached SE Activity Day Invitation Details.
2. MVOC organises regular events over a large area of Surrey ranging from south London to the Sussex border which are open to all ages and abilities including inexperienced runners. In conjunction with Guildford Orienteers, we organise an annual Surrey Schools Festival which we are looking to extend to a series of more frequent events for juniors. As a club we take part in many league, team and relay events, and having a wide range of ages is critical to the success of the club.
3. We are also looking to expand our initiation and training programme by providing regional activities on weekday evenings or at weekends, and are seeking to gauge potential demand to locate these activities most effectively.

If you are interested in any of these events or would like further information, please contact the club at [info@mvoc.org](mailto:info@mvoc.org).

May you run in sunlit forests!

Regards

**George Engelhardt**  
Youth Development Officer MVOC

## Mole Valley Orienteering Club



### What exactly is orienteering?



Most children and indeed most parents do not know what competitive orienteering is like as a sport. Their experience of it is probably gained from school or Scouts or Guides, where it was a one-off exercise involving little serious training or skill, and was not usually done against the clock. Nowadays it is a high tech sport involving computers and electronic black



boxes stationed at control points dotted around the forest. Competitors go around the course carrying an electronic chip embedded in a small piece of plastic, called a dibber, which is attached to their finger with elastic. They 'dib' their dibber into a hole in each of the black boxes which records on the chip the time at which they visited the control, and at the end of the course a computer prints out all these split times and their time for the whole course. Youngsters love comparing their times and discussing amongst themselves the routes they chose between the controls. The route they choose is

entirely up to them; they have a map and a compass and they use it to navigate around the course. They decide whether to go over a hill or round it, whether to run in a straight line across country or take a longer path route, whether to jump across a stream or make a detour via a bridge. They learn to interpret symbols on a map and read it intelligently, to use a compass



accurately, to look for and identify features such as ditch junctions, earth banks, vegetation boundaries, form lines, contours, spurs and re-entrants. They learn about the flora and the fauna of the forest. They gradually develop an understanding of and respect for the forest and the countryside in general. They become more self-reliant and confident, they lose their fear of getting lost, and they have a great time.

## Orienteering Events

Every weekend, either on Saturday or Sunday, occasionally both, there is an orienteering event somewhere in the south east region. Most of these are in forests or country parks, although there are also regular urban events as well, and each one will have a highly detailed orienteering map drawn to a scale of 1:10000 or even 1:5000. At each event the competitors choose which of four or more courses they wish to register for. The courses range in length and technical difficulty from easy path-running courses of about 1.5 km to seriously challenging courses of 5 to 8 km, colour coded by difficulty. Children usually start on the Yellow course for their first event and then move up to the Orange course, which is about 3 to 3.5 km. As they get older they move on to Green (4 - 4.5 km) and occasionally Blue (4.6 - 6.5 km). The aim of the exercise is to learn the skill of navigating through forest terrain using a highly detailed map and a compass. It is a competitive sport, so the emphasis is not just on navigational accuracy but also on speed. It is a race against the clock, although participants do not have to take the competitive element seriously if they do not wish to. The important aspects of the sport are getting out into the countryside, gaining self-reliance and confidence at finding one's way round an unfamiliar forest environment, having a good physical work-out and enjoying oneself.



There is an entry fee to take part in each event, which is usually about £3 if running as an individual or £4 for 2 people running as a pair. Dibbers are available for a small hire charge, though they are usually loaned without charge to juniors. Compasses can usually also be borrowed, though competitors should bring their own if they have one. Water or squash is sometimes provided to drink at the end, though competitors are recommended to bring their own liquid refreshment.

Dress should be loose and comfortable, to enable rapid progress through the forest. A regular sports tracksuit, fleece and PE kit is perfect for this sport, together with a pair of trainers suitable for running in. Note that it is important to have full arm and leg cover, since orienteers frequently find themselves running through dense vegetation including nettles and brambles.

Children can be as competitive as they want to be in these events. To begin with their aim is just to get round the course without getting lost. By the time they have done a few events, though, they start to treat it as a serious race and become competitive, not just among their friends and family, but also with other schools and runners from other clubs.

To find out where the next event near you is, take a look at the calendar of events on the MVOC website at [http://www.mvoc.org/Events\\_Calendar.htm](http://www.mvoc.org/Events_Calendar.htm), where you will find a list of all local, regional, national and international events.





## Youth Orienteering Activity Day

High Ashurst, Dorking, Surrey

Wed 24<sup>th</sup> October 2018

### Invitation

Young orienteers living in the London and South East are invited to a youth orienteering activity weekend at High Ashurst Activity Centre in Surrey. Come and enjoy a range of outdoor activities, coupled with orienteering training at a registered activity centre. Come and have fun and make some new friends!

### Itinerary

Wed 24 <sup>th</sup> Oct	10am	Arrival
	10.30 – 12.30	Orienteering Training
	12.30 – 1.30	Break
	1.30 – 4.30pm	Outdoor activities
	5pm	Close

### Age Range

The activity weekend is aimed at newcomer and more experienced M/W10-14 orienteers i.e. children born in years 2004-09.

### Activities

There will be a choice of activities available at the centre: e.g. climbing or team challenge. The orienteering training sessions will be organised by a qualified coach, and will be suitable for both newcomer juniors and those with more experience.

### Meals

Lunch will be provided. Participants should bring their own additional refreshments.

### Transport

Parents need to organise transport to and from the centre. Families and clubs can share transport. Contact your orienteering club to enquire about car sharing.

### Price

£15 per junior.

### Enrolment

Send your enrolment by e-mail to [info@britishorienteering.org.uk](mailto:info@britishorienteering.org.uk), stating child name, club and year of birth. Fee will be payable on confirmation of enrolment.



@SurreyCricketFd

# WINTER CRICKET COACHING COURSES

OCT 18 - MAR 19

## BOOK NOW

### FEATURING:

- PLAYER REPORTS
- TALENT ID FOR SURREY CCC
- GREAT COACHING RATIOS
- OPEN TO ALL ABILITIES
- EIGHT LOCATIONS\*
- ALUMNI INCLUDING RORY BURNS, OLLIE POPE AND RYAN PATEL

### AGE GROUPS

RECEPTION - YEAR 1  
YEARS 2-3  
YEARS 4-6  
YEARS 7-9  
YEARS 10-11



\*GUILDFORD, THE KIA OVAL  
COBHAM, REIGATE, FARNHAM  
EWELL, WALLINGTON  
LEATHERHEAD



SURREY CRICKET FOUNDATION

[prideoflions.co.uk](http://prideoflions.co.uk)  
[kbaker@surreyccricket.com](mailto:kbaker@surreyccricket.com)  
0207 820 4190

Christ Church, Epsom

KT19 8NE



# Autumn Fayre

Saturday 3rd November

11:00 a.m.—2:00 p.m.

Games and activities for children

Assorted crafts and other stalls

BBQ or hot soup lunches

Jams, cakes and much more!

All welcome

Further details see website

[www.christchurchepsom.org.uk](http://www.christchurchepsom.org.uk)

## Helping in Schools and Colleges

wea.org.uk

This 65 hour CACHE accredited level 2 programme is ideal for anyone wishing to work in a school or college supporting the learning of children and students.

### Topics include:

- Working with teachers and students
- An explanation of the National Curriculum
- Child development
- Safeguarding
- Equality and Diversity in learning

### Cost: £30

(FREE to those receiving Income related benefits)

Venue: Chavcroft Hall, Broadwalk, Epsom, Surrey, KT18 5TT

**Booking details:** Please contact [samanthajohnson@wea.org.uk](mailto:samanthajohnson@wea.org.uk) or phone 07825 112798. It may be necessary to undertake a short pre-assessment exercise prior to enrolling.

To view the course information sheet visit [www.wea.org.uk](http://www.wea.org.uk) **Course reference: C3743627**

**Start Date:** Tuesday 30<sup>th</sup> October (& every Tuesday for 13 weeks, excluding half terms breaks)

**Time:** 9.30am-2.30pm

**Facilitator:** John Classick

**Cost: £260** (free to those receiving income related benefits)

It is necessary to have a voluntary placement in a school or college for a total of 20 hours to achieve this qualification



Education & Skills Funding Agency



The WEA is a charity registered in England and Wales (no. 1112775) and in Scotland (no. SC039299).



**WEA**  
Adult Learning  
Within Reach

Helping in Schools & Colleges



# IN YOUR WILDEST DREAMS

✧ Holiday Club for kids aged 5 – 11 years ✧

At Epsom Baptist Church: 22<sup>nd</sup> – 26<sup>th</sup> October 2018

10am – 12 noon every day



For further information and registration please telephone 01372 722530

Epsom Baptist Church, 6 Church St Epsom