
Newsletter 08 09/11/2018

Dear Parents,

As we didn't publish a newsletter last week, this is the first one of the half term and there is a lot to tell you about in this week's 'Bumper Edition'. The first week back was busy with our Year 3 children visiting Chiltern Open Air Museum, learning in a practical way about Iron Age settlements. The children had a fantastic time, despite the cold weather, and were really engaged with their learning, adding a new dimension to their understanding. We also had Diwali Workshops for children in Years 1 to 6 which were organised by Miss Savill, our RE leader. The children enjoyed learning about some of the Diwali traditions and especially the opportunities to dress up in traditional costumes.



The action has continued this week with both Year 1 and Year 2 taking part in drama workshops. On Monday (5th November!), Year 1 were learning about Guy Fawkes and the Gunpowder Plot, deepening their understanding by re-enacting the events and the significance of the story. They even found out that the Cellars of the Houses of Parliament are still searched for explosives around this time, as a tradition rather than as a serious precaution!

The Great Fire of London in 1666, was the focus of the Year 2 drama workshops on Tuesday. Children explored the origins of the fire, the reasons why it spread so rapidly and also found out how we know so much about it today. They have also created their own version of the Pudding Lane bakery where the fire started in their role play areas, busily making cakes and other goodies to sell and developing their maths and money skills in the process.



We have taken part in two sporting fixtures this week, with the Year 6 boys competing in the Epsom and Ewell Schools Football Tournament on Monday afternoon and the Year 3 and 4 children participating in the Indoor Athletics event after school on Thursday. The football team were amazing, for their teamwork and commitment, as well as their overall performance. They reached the final, which was closely contested and finished second, after a nail biting penalty shoot out. Miss Smith, who accompanied the boys, couldn't have been more proud of the sportsmanship they displayed, and the way they all supported each other throughout each and every match. True Southfield Park heroes!

The athletics event is often the first taste of school competition for the Year 3 and 4 children but nevertheless they put their heart and soul into each event with the girls finishing 4th and the boys 5th in their competitions. This meant we came 4th overall which was a great achievement. Mr Batty and Miss Hylands accompanied the children, and were so impressed by each and every one of them.

Next week it is Anti-Bullying Week, with the theme 'Choose Respect' and Miss Gilby our PSHE leader, together with the teachers, has been preparing and planning a range of different activities to develop the children's awareness and understanding of bullying and how they themselves can 'choose respect'. To raise awareness of the week, and get children thinking and talking about this important issue, today the children have come to school dressed in blue to show their support for anti bullying and recognise how bullying can make others suffer.

We have finished the week in style with our Year 6 children performing their assembly to their parents based on the learning they have enjoyed as part of their WW2 topic. The topic has really captured their imagination and we have already seen some superb work linked to the theme. The assembly gave the children an opportunity to showcase all they have learned by presenting their very own version of University Challenge and let us know just what a 'brainy bunch' they really are. Jeremy Paxman needs to watch out for his job now, as Olivia demonstrated that she is ready and waiting in the wings to take over. Thanks to the Year 6 team for preparing the children so well, as well as providing all the stimulating learning opportunities that have so clearly inspired them.



The assembly was well timed as we remember the 100th anniversary of the end of the 1st World War this weekend. We held a special remembrance assembly this week so that the children understand the significance of the event and the sacrifices others have made for us all. As usual, we have supported the Poppy Appeal by selling poppies at school and would like to say thank you everyone in the school community for their contributions and generosity to this special cause.



Finally, attached to this newsletter you will find a letter from Mrs Walker about our wellbeing focus in school, as well as our very first Wellbeing Newsletter. Mrs Walker is leading on our wellbeing initiative this year and has been working tirelessly with members of our school community, including our very special and highly motivated Wellbeing Ambassadors, to develop a strong wellbeing culture and ensure everyone plays their part. In the Wellbeing Newsletter, you will see that Mrs Walker has arranged for a workshop for parents, 'Supporting Children Who Worry' as we are regularly approached by parents concerned about children who worry a lot or have anxieties. This is being held on 26th November, and will be delivered by Tracey House, one of the behaviour support team of specialist teachers from Surrey. If you wish to attend please complete and return the form in the newsletter by 19th November 2018 so we know how many people to expect.

Kind Regards,
Kate Gee

Tweet of the Week

Follow us on
[@Southfield_Park](https://twitter.com/Southfield_Park)

Lest We Forget

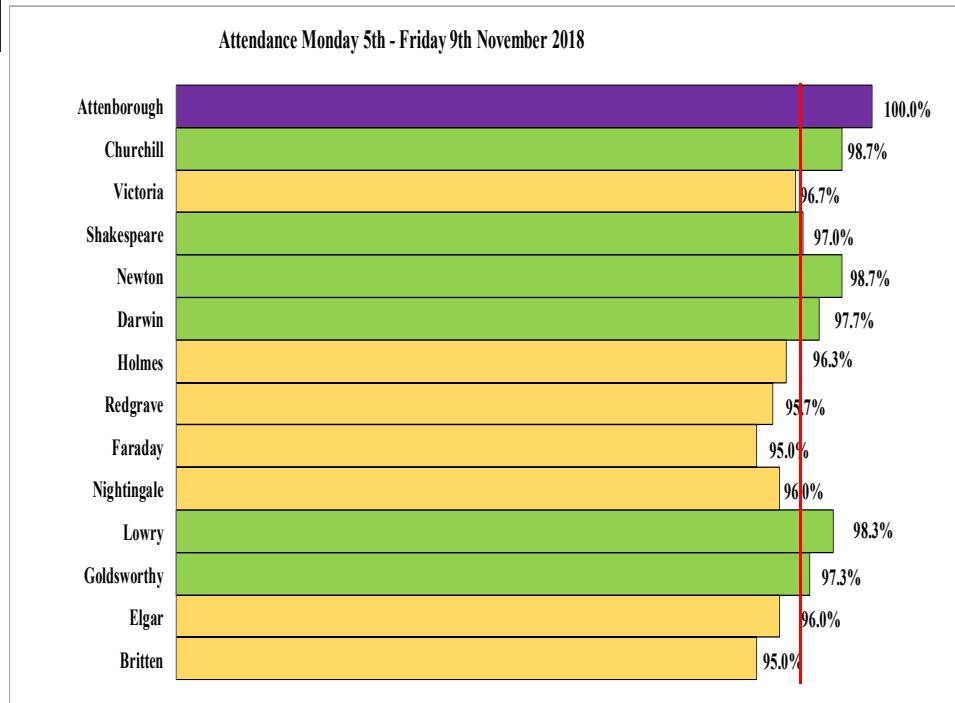


**Y6 WW2
Assembly**

Attendance this week



Sparky says “well done!” to **Attenborough Class**, who had the best attendance this week with **100%**, and to **Goldsworthy, Lowry, Darwin, Newton, Shakespeare and Churchill Classes**, who also had high attendance this



A STEP BACK IN TIME...

On Tuesday 30th October, Year 3 found themselves in prehistoric Britain – we had travelled back 12,000 years!

We had a fantastic day learning about what life was like in the Stone Age and the Iron Age. When we were in the Stone Age, we learnt to construct shelters, create fire using flint, make jewellery and make pigment using charcoal and fat. When we later arrived in the Iron Age, we prepared and cooked flatbreads, ground flour, made clay pots and whisked cream into butter and buttermilk.

Throughout the day, there was certainly much debate between the children (and the adults!) about which era they would most like to have lived in.

This trip has really enriched the children’s learning experience, extended their knowledge and will have such a positive impact on our learning back in the classroom.

We would also like to say a HUGE thank you to all of the parents who gave up their time to support us on our trip; we greatly appreciated your help.

Finally, here are some quotes from the children about the day:

“We made fire and it was AMAZING!” – Jacob and Ollie, Redgrave

“I learnt how to grind grain to make flour.” – India, Redgrave

“My favourite part was when we went hunting for the deer and the boar in the Stone Age. I was a hunter for the tribe.” – Emma, Holmes

“My favourite part was making clay pots in the Iron Age; we got to use stamps to decorate them.” – Amina, Holmes



Children in Need

Next Friday (16th November) is Children in Need day and the children will be taking part in our first House event of the year that afternoon. This amazing charity makes a massive difference to the lives of children all across the country. They provide grants to projects in the UK which focus on children and young people who are disadvantaged and are local to people in all corners of the UK, supporting small and large organisations which empower children and extend their life choices. They currently supporting 2,400 projects all across the UK and the projects they fund help children facing a range of disadvantages for example poverty and deprivation; children who have been the victims of abuse or neglect or disabled young people.



To get into the mood everyone can come in either mufti or in their House colours, in exchange for a donation, and we would like everyone to bring in a soft toy, which will also take part in the afternoon's activities.

Remember Remember the 5th of November....

On Monday 5th November Year One were extremely lucky to attend a workshop all about the Gunpowder Plot linked to our learning in History about Guy Fawkes. Every child got a chance to dress up as a character from the story and they all played their part in re-enacting the Gunpowder Plot. Just a few of the characters we had were King James I, Robert Catesby, a couple of priests and of course Guy Fawkes! All of the children thoroughly enjoyed the workshop and it has enhanced their History learning this term.



"My favourite part was putting the gunpowder under the Houses of Parliament and blowing up the King!" - Alfie



"My favourite part was dressing up!" – Ella



The School Library

Now that the school year is in full swing, with the help of a team of Friends of Friends, all children throughout the school are being given the opportunity to visit our amazing library on a regular basis. During their visits, they have the chance to look at and choose a book to take home to both read and share. We hope that all the children enjoy the books they choose but at the same time we kindly request that they look after them and when finished with them return them safely back to the library for others to enjoy. We are very fortunate to have a well-stocked library and we hope that this continues.



If you are having a bit of a sort out, we are still accepting any new or good quality second hand book donations to help boost our class libraries. These can be handed into the school office for the attention of our team of school librarians.

Many thanks

The School Library Team

Fire! Fire!

On Tuesday 6th November Year 2 were treated to a magnificent workshop about The Great Fire of London. Everybody had the chance to dress up in some 17th Century costumes and we even had King Charles II and Samuel Pepys in our midst!



Year 2 learnt so many interesting new facts about their Topic, including how the Mayor of London had to be told every time there was a fire.... and how he ignored the warning on 2nd September 1666 as he was asleep in bed!





Friends of Southfield Park Primary School

(Registered Charity No. 1110233)

Follow us on Facebook: [Friends of Southfield Park Primary](#)

Follow us on Twitter: [@FoSPPEpsom](#)

Email us: friends@southfield-park.surrey.sch.uk

or drop a note in the Friends' Postbox by the school office.

News

Christmas Extravaganza - Saturday, 1st December

With only three weeks to go to our Christmas Fair, the Friends are working away like elves preparing everything! Of course, as always, we need a little bit of help from you:

Jolly Jars - to be brought into school on **Friday, 23rd November**. If you're not familiar with these, you simply take a jam or sauce jar, decorate it in festive fashion and fill it with goodies such as sweets, stationery or other little trinkets.

Bottle Tombola - on **Friday, 30th November**, the day before the fair, children can come in mufti in return for a donation for the bottle tombola. These can be drinks (alcoholic or non-alcoholic), or toiletries - we simply ask that you make sure they are within use by dates!

Santa's Grotto - tickets to visit Santa are now available to book on our PTA online ticketing site, priced at £3 each, which is for a 10 minute group slot (with no more than 10 children) and a gift.

Visit <https://www.pta-events.co.uk/friendsofsouthfieldpark> to book.

If you have a problem with booking online, we will have a booking form with next week's newsletter.

Advertising Opportunity

With our new ticket portal, there is an opportunity for a company to advertise and reach all the parents at the school who use the site. The cost for a year is around £170 for a year, so if you or anyone you know would be interested, please email friends@southfield-park.surrey.sch.uk for more information.

Dates for Your Diaries

Fri, 23rd November	Jolly Jars - see above for details!
Fri, 30th November	Mufti Day - in return for a donation to the Bottle Tombola!
Sat, 1st December	Christmas Fair - "Christmas Extravaganza" - 11.30 a.m. to 2.00 p.m.
Fri, 25th January	Junior Cushion Club - 4.45 p.m. to 6.30 p.m.
Fri, 1st February	Break the Rules Day - more details to follow.
Fri, 1st March	Family Barn Dance & BBQ - details to follow.
Fri, 29th March	Easter Discos - Infants 5.00 - 6.30 p.m., Juniors 6.45 - 8.15 p.m.
Sat, 15th June	Summer Fair - "15 Year Anniversary" - 12 midday to 3.00 p.m.

Wellbeing at Southfield Park

Dear Parents,

During the year ahead, our school community is working together to implement a wellbeing action plan which aims to support the emotional wellbeing and resilience of our children in school. I hope to keep you up to date with school initiatives and events through regular contributions to the school newsletter in our 'Wellbeing' Section.

At Southfield Park, we strive to provide the children with a happy place to learn, alongside opportunities to develop their interpersonal skills, resilience and sense of self. This year we are using the 'Head Smart' framework, promoted by the charity Eikon, as a basis for our whole school approach. The 5 elements we are focusing on can be summarised by the initials CLANG:



For more details about Eikon and the HEAD SMART programme visit the website at : eikon.org.uk/mental-health-and-wellbeing-in-schools.

In my role as SENCo, I am regularly sent additional information linked to supporting social, emotional and mental health needs within school and I hope to be able to share these with you, via the Wellbeing newsletters and also by adding useful resources and links onto the school website within the *Emotional Literacy Section*.

If you have any questions about our Wellbeing focus, or have expertise in this area that you would like to share, please feel free to contact me, and I hope you enjoy the first Wellbeing newsletter.

Kind Regards

Mrs Walker

Email address: senco@southfield-park.surrey.sch.uk

Goal!!!!

On Monday 5th November 2018, our football team went to Priest Hill to take part in the Epsom & Ewell football tournament. This tournament was to find the winning team to represent Epsom & Ewell at the Surrey tournament.

Our Year 6 team played four matches and we played extremely well—our team won 2 games, lost one and drew once. Due to this, we had seven points which promoted us to the quarter finals. We were against a team called the Meadow. At the end of that game, it was 1-0 to our team, a player called Benny Duffus (our sports captain) scored the winning goal. In consequence to our win, we got put to the test against Danetree. It was the most challenging game yet, because it was 0-0 in the end, it went to penalties. Most of us got really nervous but because we have such a positive and supportive coach (Miss Smith) and she helped us to be strong so that we didn't feel the pressure. She told us that if we won or lost, we still got to miss the afternoon of school—History. We won that game and that the other team played amazingly. Anyway we qualified for the finals and our heads were set to play to the best of our ability.

The game was going well for us because we had a lot of possession in their half but then the whistle blew, then it got intense when it went to penalties for the second time. Unfortunately our luck had run out and Wallace Fields took the match. We were so proud to be part of a great team and we got to miss History!

Benny Duffus and Oscar Chapman

Year 6!

Wellbeing Newsletter 1

Our Wellbeing Ambassadors are :

George Anderson-Smith
Jack Jewiss
Ruby Middlebrook
Georgia Reis

Our Wellbeing Ambassadors have been busy this term promoting the wellbeing principles of CLANG. At the beginning of term, they led a whole school assembly which explored how giving to others can help lead to our own positive wellbeing. They showed that giving comes in many different forms and often simple acts like giving time or saying thank you can contribute to our own wellbeing. Their next assembly is scheduled for December 3rd



As you are also aware, the recent Power 'Thoughts Workshops' focused on helping the children manage 'big emotions' by using practical strategies such as noticing and naming their feelings; breathing slowly and using calming strategies. These ideas will be revisited throughout the year by our PSHE lessons and assemblies.

Ongoing Wellbeing initiatives in School :

We currently have a range of initiatives running alongside our regular PSHE lessons, which focus on developing emotional literacy skills.

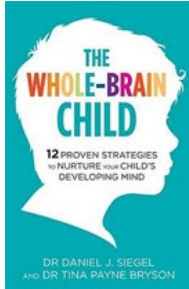
For example:

- Mrs Miniuks runs regular ELSA 1:1 and Group sessions
- A range of Lunchtime/Playtime initiatives have been introduced to provide support during unstructured times:
 - *Games Galore*
 - *Cosy Corner*
 - *Playground Buddy Programme*
 - *Drop in Coaching café (informal coaching sessions with trained Mentors in Year 6)*
 - *Mindfulness Club will be coming soon*
- Display Boards and notices throughout the school celebrate success and promote social and emotional skills.

Wellbeing Tips

This useful book was suggested by Natalie Costa, from Power Thoughts Workshop

In this pioneering, practical book for parents, neuro-scientist Daniel J. Siegel and parenting expert Tina Payne Bryson explain the new science of how a child's brain is wired and how it matures. Different parts of a child's brain develop at different speeds and understanding these differences can help you turn any outburst, argument, or fear into a chance to integrate your child's brain and raise calmer, happier children. Featuring clear explanations, age-appropriate strategies and illustrations that will help you explain these concepts to your child, The Whole-Brain Child will help your children can lead balanced, meaningful, and connected lives using twelve key strategies.



Checkout these websites, as recommended by our ELSA, Mrs Miniuks:

Dr Daniel Siegal explaining the hand model of the brain:

<https://www.youtube.com/watch?v=gm9CIJ74Oxw>

Childhood101.Com/Helping-Children-Manage-Big-Emotions/

<https://copingskillsforkids.com/blog/using-shapes-to-teach-deep-breathing>

For FREE online parenting courses, with top tips and advice, check out:

surreycc.gov.uk/learnonline

Supporting children who worry

Monday 26th November at 2pm

Southfield Park Primary School

Delivered by Tracey House, from Surrey Specialist Teachers, Behaviour Support Team.

Does your child worry or appear anxious at times? Come along to this workshop to find out a little more about why we worry and when we need to be concerned about our children worrying. We will also explore ways to help our children manage and cope with their worries.

There will be a short presentation, followed by a question and answer session.

If would like to attend this event please complete the slip below and return it to the school office (Mrs Walker) by Monday 19th November.

.....

Name :

Parent of : **Class:**

I would like to attend the 'Supporting children who worry' Workshop on Monday 26th November at 2pm

Reminders for Next Week

Monday 12th	Anti-Bullying Week—throughout the school ‘Choose Respect’
Tuesday 13th	Y3 RE day
Wednesday 14th	Individual & sibling photos
Thursday 15th	Individual & sibling photos
Friday 16th	House Event—everyone can wear mufti or House colours for a donation to

Help needed with Walking to Phase 3 Carol Service

While the children in Phase 1 and 2 perform some amazing nativity plays, those in Phase 3 (Years 4, 5 & 6) walk to Christ Church for what is always a fantastic hour of narration, singing and musical performance.

We need some parent helpers to walk the children **to and from** the Carol Service for both the rehearsal and the actual performance, on the following dates:

Rehearsal - Thursday 6th December 2018 (leaving school at around 9.15am)

REAL thing - Tuesday 11th December 2018 (leaving school by 9am)

We need **four helpers maximum** per day, so if you are free for a few hours on either, or both days, please email info@southfield-park.surrey.sch.uk, and we will confirm that your help is needed.



Thank you!

Bright Sparks

Well done to our Bright Sparks this week:

Britten	Rory O’Rooke	Elgar	Macie Wilkinson
Goldsworthy	Ayaan Islam	Lowry	Frankie Woodford
Faraday	Alisia Miles-Prouten	Nightingale	Jacob Moyle
Redgrave	Aharon Scafidi	Holmes	Amelia O’Farrell
Darwin	Penny Tutton	Newton	Emilia Florence
Victoria	Jessica Morrison	Shakespeare	Fatima Rizvi
Churchill	Mae-Ling McCarthy	Attenborough	Oscar Chapman

Phone: 01372 743104

Fax: 01372 729436

Absence Line: 01372 847965

After school clubs staff: 07824988216

E-mail: info@southfield-park.surrey.sch.uk

Polly Sawyer After school club: 07921 147335

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OUR WINTER HOLIDAY CLUBS

With over **18 YEARS** industry experience, our **PASSIONATE, CARING TEAM** understands that every child has different interests so we offer a range of exciting activities tailored to each age group.

OUR CLUBS ARE PERFECT FOR CHILDREN OF ALL INTERESTS AGED 4-12 AND RUN BETWEEN 8AM AND 6PM EVERY WORKING DAY DURING THE HOLIDAYS. PRICES START FROM £23.40.

Our Summer clubs received **THREE OFSTED GRADE 1 OUTSTANDING AWARDS!**

WINTER

Thurs 20th & Fri 21st December, Weds 2nd January

10% OFF* USE CODE WINTER10
VALID UNTIL 7TH DEC 2018

FEBRUARY

Mon 18th to Fri 22nd February

10% OFF* USE CODE FEB10
VALID 7TH DEC 2018 TO 15TH FEB 2019

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*WINTER10 VALID UNTIL 7TH DEC 2018. *FEB10 VALID FROM 7TH DEC 2018 - 15TH FEB 2019. For full terms and conditions please visit www.wearescl.co.uk/school-sport-activities-terms-conditions.

WE HAVE OVER 35 VENUES ACROSS BERKSHIRE, HAMPSHIRE, LONDON AND SURREY.

CHOOSE YOUR ACTIVITY

Your child can choose between our multi-activity Club Energy programme or our Soccer School - both affordable, age appropriate and full of fun, so keep reading to find out more!

CLUB ENERGY

Our Winter programmes are packed with themed seasonal speciality games and activities. Children can get hands on with creative arts and crafts and engaged in exciting winter team games!

SOCCER SCHOOLS

Perfect for football fanatics - Delivered by our FA qualified coaches, children pick up the silky skills of their footballing idols, through a varied soccer school programme.

AGE GROUPS

Whether your child picks Soccer School or Club Energy they will be grouped with children of a similar age to make sure your child gets the most out of their time with us.

4-5 YEAR OLD "FUN FINDERS"

Our youngest children are fully supported whilst they settle into their new and exciting environment!

- Freedom to explore their imaginations and creativity
- Encouraged to develop social skills and build new friendships
- Engaged and entertained through exciting games and activities

6-8 YEAR OLD "EAGER EXPLORERS"

Our team of Child Carers and Sports Coaches will offer your Eager Explorers plenty of opportunities to express themselves!

- Active sessions provide fun and excitement, as well as great exercise
- Games and activities designed to promote teamwork and communication
- Chance to make new friends

9-12 YEAR OLD "STAR SQUAD"

For our oldest children, the Star Squad programme has been adapted to help engage and challenge!

- Games and sessions promote decision making and independence
- Group activities encourage team cohesion and democracy
- Develop leadership skills through children-led activities

CALL OR BOOK ONLINE
0345 644 5747 - wearescl.co.uk/holiday-clubs

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AGE GROUPS

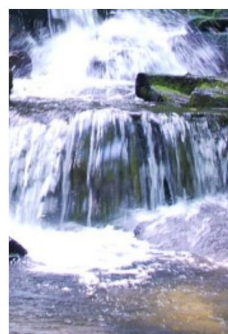
RECEPTION - YEAR 1
YEARS 2-3
YEARS 4-6
YEARS 7-9
YEARS 10-11

*GUILDFORD, THE KIA OVAL COBHAM, REIGATE, FARNHAM EWELL, WALLINGTON LEATHERHEAD

SURREY CRICKET FOUNDATION
prideoflions.co.uk
kbaker@surreyccricket.com
0207 820 4190

Christ Church Epsom Common



Welcome to

The Source

This is our **NEW** Sunday teatime service in church for children, families and friends.

Diary Dates

Sunday 4th November @ 4pm

Sunday 2nd December @ 4pm

The service will last approximately an hour and will include craft, worship and light refreshments.

We look forward to seeing you.

www.christchurchepsom.org.uk

Christ Church as a Living Well and Christ Church living well

Last Call for Jumble



Bring your jumble along to **Epsom Methodist Church, Ashley Road** on: Friday 16th November from 6.30 -8.30pm,
Saturday 9 to 10.30am. Thank you !



NO FURNITURE OR LARGE ELECTRICAL GOODS, PLEASE

Enquiries: 07736 771864 / 07961 282424

JUMBLE SALE

**Sat 17th November 2018,
Doors Open at 1.30pm**

